



A future free from the
fear of bowel disease

BOWEL DISEASE IS IMPACTING MORE PEOPLE THAN EVER BEFORE.

Thanks to our supporters we are making a difference,
and with your help, we can achieve even more.

St Mark's in London is widely recognised as the UK's national bowel hospital - a centre of excellence for complex, and rare, bowel diseases, which treats both local and referred patients. It is also committed to excellence in research to improve patients' lives.

The most important impact of St Mark's work is the difference it makes for patients, in both survival outcomes and quality of life. The Foundation has a critical role to play in this by:

- Funding research with the potential to achieve better outcomes for patients, faster.
- Supporting colorectal education to help improve standards of care.
- Investing in specialist equipment which optimises how patients are diagnosed and treated.

However, without our supporters, our ability to do this would be significantly impacted; philanthropy is often the difference in maintaining a high margin of excellence in healthcare.

We hope you will take this opportunity to help make a difference for more patients who could have a second chance at life because of your support.

Thank you



Jason Bacon, CEO, St Mark's Hospital Foundation

BREAKTHROUGHS START WITH YOU.

HELP US TO FUND THE FUTURE AND SUPPORT WHAT THE NHS CANNOT

The future leaders in gastroenterology

St Mark's has appointed previous research fellows at the hospital as consultants and maintained close ties with other fellows who are now delivering and leading colorectal services across the NHS. This continuity and close collaboration manifests as excellent patient care and potential for more research discoveries.

Research pushing boundaries

Charitable support enables us to fund projects enhancing patient care through improved clinical practice, important updates to clinical guidelines and investment in advanced technologies. St Mark's research fellows are building on a legacy of work which has improved patients' care and health-related quality of life for over 190 years.

Education to improve standards of care

Our Institute's education activities promote dissemination of clinical best practice. Through physical and online education events and international collaborations, we reach thousands of healthcare professionals in the UK and abroad, who benefit from access to a high-quality programme of education and training.



Your support could help us to meet the costs of our research fellows, the future leaders in gastroenterology and colorectal surgery.



Your support could help us to fund more research pushing the boundaries of what is possible for patients.



Your support could help us to continue delivering education to gastroenterology and colorectal healthcare professionals to keep improving standards of care.

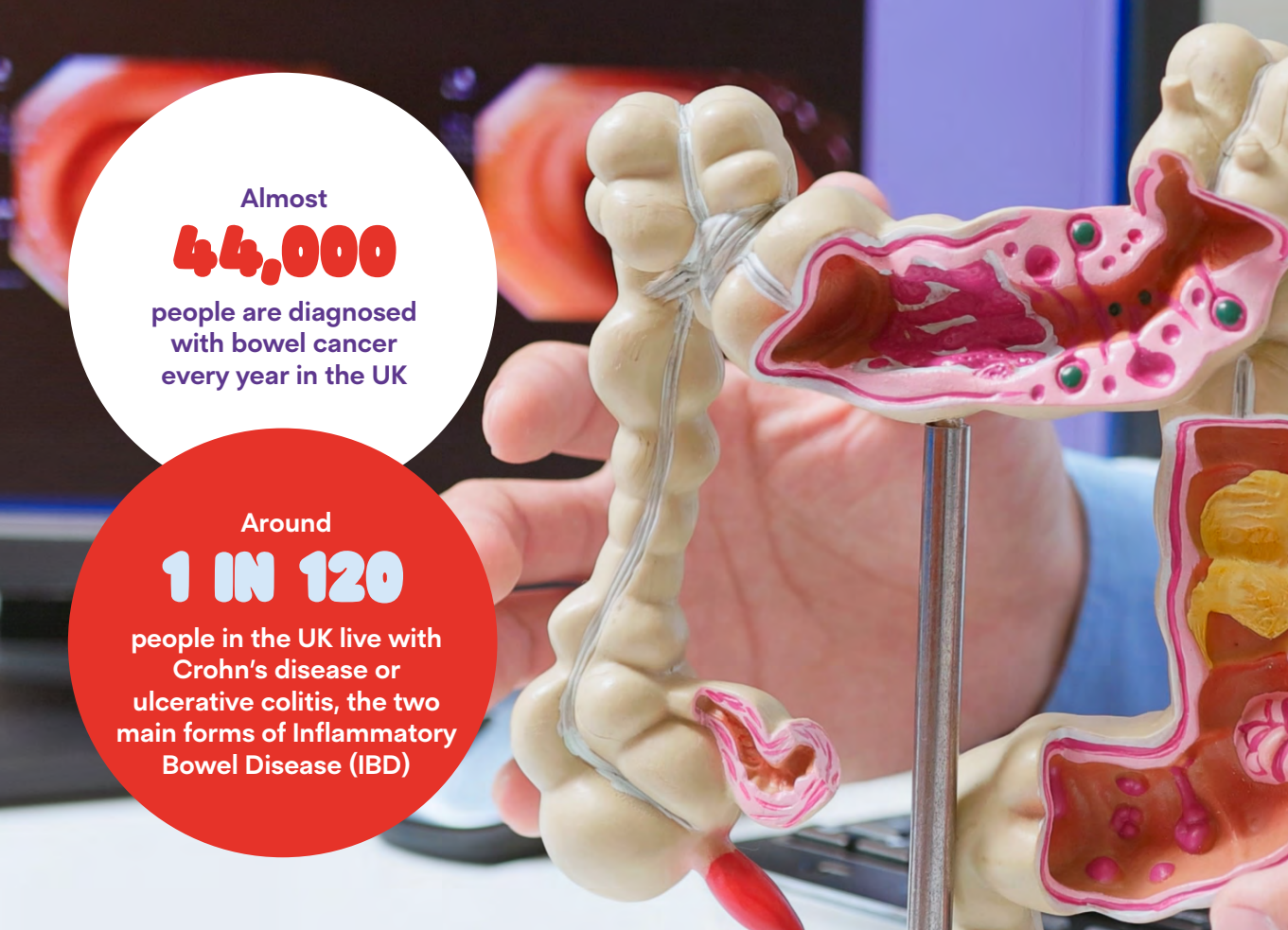
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I LIVE WITH A COMPLEX BOWEL DISEASE. KNOWING THAT ST MARK'S HOSPITAL IS ACTIVELY ENGAGED IN RESEARCH TO IMPROVE PATIENT OUTCOMES GIVES ME HOPE FOR A HEALTHIER FUTURE.

St Mark's Patient



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Almost

44,000

people are diagnosed
with bowel cancer
every year in the UK

Around

1 IN 120

people in the UK live with
Crohn's disease or
ulcerative colitis, the two
main forms of Inflammatory
Bowel Disease (IBD)

Bowel Cancer

As a referral centre for patients with complex cancer, St Mark's is likely to perform two-to-three-times more bowel cancer operations compared to other UK hospitals.

Due to rising bowel cancer cases in people under 50, St Mark's is researching early-onset bowel cancer and ways to improve care for high-risk patients. Archived St Mark's tumour samples dating back to the 1950s will be critical to this work and will open a window to new approaches to prevention of bowel cancer in the young.



Bowel cancer diagnoses among younger people are expected to double between 2010 and 2030*.

Inflammatory Bowel Disease

Like Crohn's disease, ulcerative colitis is a common form of IBD. Typically a disease of the young, IBD can impact growth and schooling in childhood, and career progress and fertility in adulthood. It can also leave individuals fearful of developing bowel cancer. IBD currently has no cure.

Patients' needs are at the heart of St Mark's world-renowned IBD service. Underpinned by mutual collaborative relationships with a wider scientific community, IBD research at St Mark's is contributing to improved standards of IBD care.



It is predicted that more than 700,000 people will be living with IBD in the UK in 2030.**

*Tumour samples from the 1950s could help unlock the mystery of rising bowel cancer cases in the under 50s, Institute of Cancer Research, 2026.

**Global evolution of inflammatory bowel disease across epidemiologic stages, Nature, 2025.

Complex Cancer Care

St Mark's Hospital's Complex Cancer Clinic is a specialist service delivered by an expert team. Three years after undergoing major surgery for advanced bowel cancer, John walked from Lands End to John o'Groats with his wife, Wendy, to thank his medical team and raise funds for St Mark's.



Fulfilling a long-held dream

Robotics at St Mark's

With charitable funding, St Mark's was among the first UK hospitals to acquire an advanced robotics platform for colorectal surgery. Robin underwent robotic surgery at the hospital for Crohn's disease and completed a half marathon three months later.



A marathon with meaning

Specialist Care Centre

St Mark's Hospital's Intestinal Rehabilitation Unit is a specialist centre for assessing and managing severe intestinal failure. Stephanie has been a patient there since 2013. Despite numerous setbacks, she qualified as a doctor and recently began work as an anaesthetic resident.



From patient to healthcare professional

Thank you sincerely for considering a donation
to our Patrons, Friends and Supporters campaign.

PATRON

£20,000

- Invitations to exclusive events.
 - A tour of St Mark's Hospital and introductions to clinical staff.
 - Engagement opportunities for you and your company/work colleagues.
 - Annual Impact Summary plus opportunity for presentation.
-

FRIEND

£10,000

- Invitations to Foundation events.
 - A meeting with the Foundation's CEO and introductions to St Mark's clinical staff.
 - Annual Impact Summary plus opportunity for presentation.
-

SUPPORTER

£2,000

- Annual Impact Summary plus opportunity for presentation.

We would also be grateful for a donation of a different amount.

Giving us discretion to allocate your support to our most important needs means helping us plan with greater confidence and raise more funds for St Mark's research. Between 2021-22 and 2025-26 inclusive, we turned a £1 unrestricted donation into an average of £6 for bowel disease research. Your donation can be made over two years or as a one-off payment. If you are a higher rate or additional rate UK taxpayer, you can benefit from tax relief on your donation; contact us for more information.



**PLEASE SCAN THE QR CODE
OR CLICK HERE TO DONATE**

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