



Latest Updates from St Mark's Hospital Foundation





We're incredibly proud of our clinical colleagues who had the opportunity to take part in the RSM Coloproctology Section meeting, expertly hosted by Mr Ian Jenkins and Professor of Surgery, Mr Eloy Espín. It was a privilege for our colleagues to contribute to such a respected international event, featuring brilliant talks from leading voices in the field, including Consultant Surgeon Miss Elaine Burns, Professor Omar Faiz, Consultant Colorectal Surgeon Jay Warusavitarne and many more.

A huge congratulations to one of our research fellows, Mr Jason Rai, who was awarded the Travelling Fellowship Prize – an outstanding achievement and testament to his dedication and hard work. As part of this opportunity, Jason and another of our incredible research fellows, Mr Orestis Argiriou, also had the chance to observe with Professor Eloy Espin, gaining valuable insights and experience.

We're incredibly grateful to everyone involved in making this event so impactful – thank you for welcoming and supporting our team.

Congratulations to our clinical colleagues



Congratulations are in order for Maggie Vance who won the Outstanding Contribution to GI & Hepatology



Congratulations to Mr Ian Jenkins who has been announced as the President-Elect for The Association of

Nursing Award at the British Society of Gastroenterology Live 2025!



Coloproctology of Great Britain and Ireland.

Massive congratulations to Dr Kevin Monahan and team on winning the CSSC 1st Prize at the British Society of Gastroenterology Live 2025 for the English National Lynch Syndrome project!

Research participation opportunity!
Have you had surgery for ulcerative colitis?
Your experience could help shape future care.

NHS Trust

Invitation to participate in research study

Investigation of work-related outcomes after surgery for ulcerative colitis

If you are 18 years old or older & have been diagnosed with ulcerative colitis
AND
 have undergone any of the below operations for it

Colectomy with stoma bag
Ileo-anal pouch
Ileo-rectal anastomosis
Kock pouch (continent ileostomy)

Get involved in an important research project led by Mr Orestis Argyriou, a colorectal surgical trainee and PhD fellow at St Mark's Hospital and Imperial College London. Supervised by Consultant Surgeon Mr Kapil Sahnan and Professor Ailsa Hart, this study explores how ulcerative colitis (UC) surgery affects patients' working lives and professional quality of life. A recent review revealed a major knowledge gap about work-related outcomes after UC surgery. With ethics approval secured, the team is now recruiting patients for one-to-one interviews.

Orestis is seeking individuals who've had UC-related surgery—such as colectomy with ileostomy, pouch surgery, ileorectal anastomosis, or Kock pouch. Insights from people in varied professions are especially welcome, to understand how different jobs are impacted by surgery.

Your experiences could help improve counselling, care, and workplace support for future patients. Interviews will take 30–60 minutes. To participate, please email: lnwh-tr.workuc@nhs.net

Fundraising is a family affair



Emily took on the Hackney Half in aid of St Mark's, raising an absolutely staggering £3,400. Emily was inspired to take part as her Dad, Jason, is the Chief Executive of St Mark's Hospital Foundation.. Cheered on by her family, and her Goldendoodle Lola, Emily completed the race in 2 hours 3 minutes, placing her in the top 41% of all female finishers! Thank you to Emily, Jason and everyone who donated in support.

How you can help support research at St Mark's, the UK's national bowel hospital



Support St Mark's Hospital Foundation on [easyfundraising](https://www.easyfundraising.org) this year! Shop online with over 8,000 retailers and raise FREE donations. It's quick, easy, and takes just 2 minutes to sign up. Every contribution makes a BIG impact!

Thank you to our existing 132 supporters who continue to make a difference and raise vital funds for research.



Ready to push your limits and make a difference? We have places available in some of the UK's top challenge events including Tough Mudder, the Leeds Running Festival, Regents Park Half and many more! [Visit our website here for more information and to sign up!](#)

[Donate here to support St Mark's Hospital Foundation](#)

Copyright © 2025 St Mark's Hospital Foundation, All rights reserved.

Our mailing address is:

St Mark's Hospital Foundation, St Mark's at Central Middlesex, Acton Lane, London, NW10 7NS

Want to change how you receive these emails?

You can update your preferences or unsubscribe from this list.