








Welcome to St Mark's Hospital Foundation's August e-newsletter. In this edition we want to shine a spotlight on how your donations are making a meaningful difference in the lives of people with complex bowel diseases. Between 2018 and 2023, on average, the Foundation converted a £1 unrestricted donation into £4 for bowel disease research. This multiplier effect means that your donations are enabling us to drive innovative research, improve patient outcomes and help us achieve our vision of a future free from the fear of bowel disease.

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-  Complex rectal cancer
-  Customised screening programmes for patients with higher genetic risk
-  Management of complex perianal fistulae
-  Techniques to reduce morbidity following pelvic exenteration surgery
-  Moving towards personalised medicine in IBD

Surgical Robotics Research Programme

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The significant advancements made by the St Mark's surgical robotics team were made possible by charitable support. These funds, exceeding £800,000 between 2018-2021, enabled the team to contribute vital data, publish research on robotic colorectal surgery and share knowledge amongst other clinicians. This provided valuable insight on the benefits of robotically enhanced laparoscopy. [To read about how we are leading the way in robotic colorectal surgery, visit our website here.](#)

Leading the way in treating complex conditions

St Mark's treats patients with complex and rare conditions that are seen in high volume allowing for robust research participation. Our research involves partnering with other clinical centres and thanks to your contributions, the Foundation is able to facilitate these collaborative projects.



As a tertiary referral centre, St Mark's treats patients with complex and rare conditions that are seen in high volume allowing for robust research participation. This makes the hospital uniquely placed to collaborate with other centres of excellence in driving forward research on complex conditions. Our research involves partnering with scientists, laboratories, and other clinical centres. Thanks to your contributions, the Foundation is able to facilitate these collaborative projects.

Future-proof research

The creation of the St Mark's Tissue Bank has established a future-proof research resource. Over time it will provide a rich source of data which cannot be found in any other institution in the UK at a comparable scale



The creation of the St Mark's Tissue Bank has established a future-proof resource. The tissue bank facility is enabling tissue and other sample collection for use in current and future research projects. Over time, the tissue bank will provide a rich source of data which cannot be found in any other institution in the UK at a comparable scale.



E-IBD: Exploring the experience of virtual healthcare in IBD- Short Answer Questionnaire

E-IBD: Exploring the experience of virtual healthcare in IBD- Short Answer Questionnaire -Are you eligible

Exploring the experience of using e-health for virtual follow-up or self-management amongst people with Inflammatory Bowel Disease and the Health Care Professionals supporting them.

1. Are you a person living with inflammatory bowel disease who lives in the UK in the United Kingdom?

Are you a healthcare professional supporting people over the age of 18 with Inflammatory bowel disease residing in the United Kingdom?

St Mark's IBD Advanced Nurse Practitioner Pearl Avery is currently pursuing her PhD and is looking for participants for her research project!



Are you an adult living with IBD?



Do you have experience of virtual appointments and e-health tools as part of your IBD care?

[Complete the short questionnaire and share your experience!](#)

The banner features the Easyfundraising logo at the top left. The main text reads 'St. Mark's Hospital Foundation has signed up' in a large, bold, dark blue font. Below this, a yellow rounded rectangle contains the number '115' in a large, bold, dark blue font, followed by the text 'supporters so far' in a smaller, dark blue font. To the right of the text is a line drawing of a trophy with the number '1' on it. Above the trophy is a circular inset image showing a group of people in blue scrubs standing together. At the bottom left is the Easyfundraising logo again, followed by a large blue arrow pointing to a yellow 'Sign up' button on the right.

A big thank you to our amazing supporters who raise free funds for us on easyfundraising. If you're not signed up yet, [please join today and you can raise free donations for St Mark's Hospital Foundation](#) every time you shop online. All the big names like John Lewis & Partners, Expedia, Argos, Just Eat and many more are ready to make a free donation at no extra cost to you.

Your donations are instrumental in helping the Foundation facilitate and drive innovative research, improve patient outcomes and help us achieve our vision of a future free from the fear of bowel disease. **Your generosity is making a world of difference. Thank you.**

[Donate here in support of St Mark's Hospital Foundation](#)

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