


A red banner with a white border. On the left, there is a circular logo for the St Mark's Foundation featuring a lion. Below the logo, the text reads: "HELP US CONTINUE OUR VIRTUOUS CIRCLES AT ST MARK'S". Below this, a definition is provided: "Definition - A recurring cycle of events, the result of each one being to increase the beneficial effect of the next". On the right side of the banner, the text "Welcome 2024! January updates from SMHF" is written in white.

HELP US CONTINUE OUR
VIRTUOUS CIRCLES
AT ST MARK'S

Definition - A recurring cycle of events, the result of each one being to increase the beneficial effect of the next

Welcome 2024!
January updates
from SMHF

👏🌟 Over 12k raised for Virtuous Circles at St Mark's! 🌟👏

A light blue banner with a white border. On the left, the text "OUR PEOPLE" is written in large, bold, purple letters. Below this, there are two circular portraits. The top portrait shows Dr. Andrew Latchford speaking at a podium with a microphone. The bottom portrait shows Dr. Ben Zare. To the right of the portraits, there is a quote from Dr. Ben Zare. The quote is enclosed in a purple circle with a white quotation mark. The quote reads: "My father has a rare, inherited cancer predisposition syndrome which has been my motivation to undertake a PhD in St Mark's Centre for Familial and Inherited Cancer. It is a privilege to be supervised by someone with such in-depth knowledge of desmoids from their own academic work, and to join a department that celebrates 100 years of helping families like mine in 2024." Below the quote, the text "Dr Ben Zare Clinical Research Fellow" is written in purple. The banner is decorated with colorful circles and a hanging ornament.

OUR PEOPLE

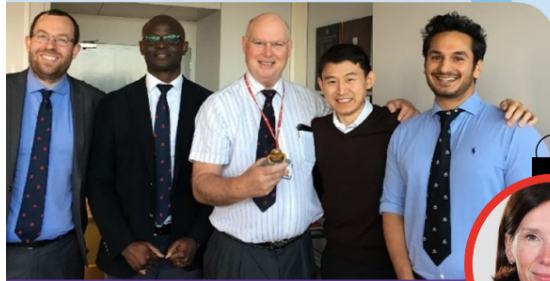
My father has a rare, inherited cancer predisposition syndrome which has been my motivation to undertake a PhD in St Mark's Centre for Familial and Inherited Cancer. It is a privilege to be supervised by someone with such in-depth knowledge of desmoids from their own academic work, and to join a department that celebrates 100 years of helping families like mine in 2024.

Dr Ben Zare
Clinical Research Fellow

Dr Andrew Latchford

Dr Ben Zare

OUR PEOPLE



Mr Phil Tozer (far left), Professor Robin Phillips (centre), Mr Kapil Sahnan (far right). Together with Professor Ailsa Hart (right), a Consultant Gastroenterologist at St Mark's, Mr Tozer leads an international consortium of fistula research.

“It is deeply embedded in the hospital's culture to support and guide the next generation. This creates a virtuous circle of unbroken knowledge sharing between different generations of clinicians that manifests as excellent patient care and the potential for more research discoveries.”

Mr Phil Tozer
Consultant Colorectal Surgeon

Thank you to everyone who has donated in support of our seasonal appeal! Every act of giving forms a vital link in helping us realise our vision of a future free from the fear of bowel disease and together, we can maintain our unwavering focus on supporting pioneering research at St Mark's, the UK's national bowel hospital.

Your donation isn't just a gift—it's a catalyst for positive change 💙

Please consider supporting today. Thank you for your generosity.

OUR INNOVATIONS



“The ileo-anal pouch is a good example of how our continued and regular investment of time, resources, and expertise in a St Mark's-developed innovation has created a virtuous circle of improved patient outcomes.”

Mr Danilo Miskovic
Consultant Colorectal Surgeon and Surgical Robotics Programme Lead

Mr Miskovic (left) and St Mark's Medical Co-Director and Consultant Colorectal Surgeon, Professor Omar Faiz (right), have collaborated on the development of robotic pouch surgery.

OUR PATIENTS

By prioritising a patient-centred approach, consistently listening to and involving patients in decision-making about their care, St Mark's can create a virtuous circle of strong patient-clinician relationships that supports patients to reach their potential.

Kay Crook
Paediatric Gastroenterology
Clinical Nurse Specialist



Oliver started medical school in 2023 (left) and presenting a donation to the Foundation in gratitude to his St Mark's team, including Mr Janindra Warusavitane, Consultant Surgeon, and Kay Crook.

Support Virtuous Circles at St Mark's

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Our mailing address is:

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