





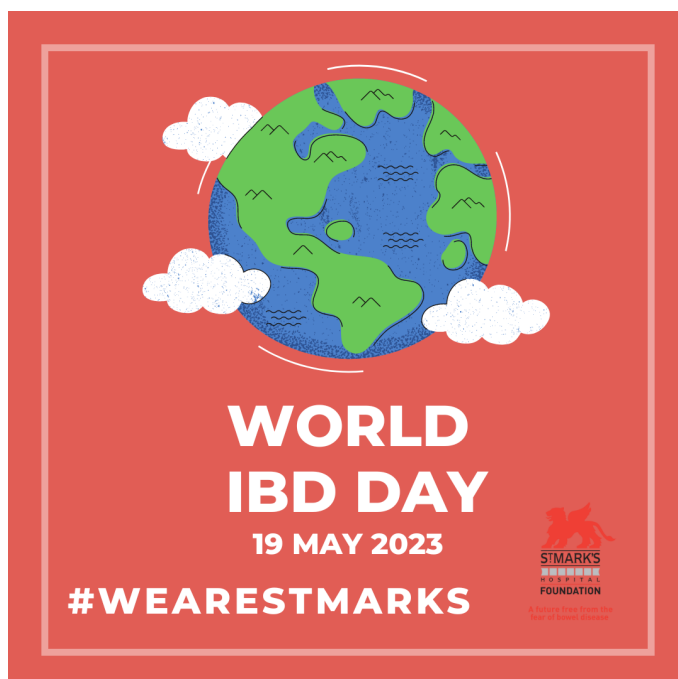


World IBD day 2023

Thank you to everyone who attended and presented at our World IBD patient day. Head over to our socials to watch our highlight reel videos from the day!

Did you know that as a world centre of excellence, St Mark's is one of the global leaders in understanding IBD and in the following areas, the hospital and our clinicians have been first in the fight against bowel disease:

-  First description of 'colonic Crohn's disease'
-  First trial of amino salicylates and steroids for IBD
-  First widespread use of the drug azathioprine for maintaining disease remission
-  First controlled trial of a biologic drug for Crohn's disease



Community Champions



Andrew is taking on Hadrian's Wall in aid of our charity and A Bear Named Buttony.

"I originally became a patient of St Mark's in 1984, at the hospital in City Road London, under the guidance of Mr Mann where I had a colectomy. Since St Mark's moved to its present site, I have been under Mr Philips, Prof Kamm, Prof Aribi, and finally having surgery with Mr Faiz. My Hadrian's Wall charity walk which starts on June 17th, is to show my gratitude to everyone at St Mark's Hospital over the many years of care. It is to also show that having a stoma does not stop you doing anything (within reason, the sky is the limit!) I have always been treated with the utmost professionalism and, even now, my after care is second to none."

Thanks to Andrew and everyone who has so generously donated to his fundraiser helping him raise over £1k. We wish Andrew the best of luck!



Saj completed this years London Marathon raising over £1.2k for St Mark's.

"I have had Crohn's disease for the past 14 years and have personally experienced the excellent care and treatment from all at St Mark's. In 2020 I spent over 2 months at S Mark's where I underwent major surgery to remove a section of my bowel where a temporary stoma was formed. I was then back in hospital in 2021 to undergo a reversal operation. St Mark's staff do an amazing job, and they are also dedicated to undertaking research which is working towards personalised treatment, care and support. This year, I am taking part in the London Marathon to show my support and gratitude as the advancements in medical research and treatment have enabled me, and many other patients, to live a better life!"

Internal Pouch Awareness Week



The graphic is a circular collage of images and logos. At the top, there are several circular portraits of healthcare professionals and a Zoom logo. In the center, a globe shows the location of St Mark's Hospital in London. Below the globe, a large yellow cloud contains the event title and dates. At the bottom, there are logos for the IA Support Group, Red Lion Pouch Support, and St Mark's Hospital, along with a diagram of a human torso showing the internal pouch and a biofeedback team image.

St Mark's Hospital
Internal Pouch Awareness Week
 3rd July - 7th July 2023
 7pm-9pm
 #WeAreStMarks

Registration is now open for the St Mark's Internal Pouch Awareness Week! We are pleased to bring you a whole week online event on pouch health, pouch care, surgery decisions and basically everything you need to know on the internal pouch! [Click here to register.](#)

Donate here to support St Mark's

Our mailing address is:

St Mark's Hospital Foundation, St Mark's at Central Middlesex, Acton Lane, London, NW10 7NS

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