



## Community Champions: Jane Papa



Jane has been under the care of St Mark's for ten years, and along with her friend Rachel, whom she met in the Frederick Salmon Ward, has signed up to take part in this year's London Bridges Walk, dedicating her fundraising to our charity and specialist hospital.

In her own words, Jane wanted to undertake this challenge as a way to thank the team who cared for her: ***"This specialist hospital, with its wonderful doctors, surgeons, nurses, physios, dieticians and administrators, have helped me through the hardest of hard times, and of course, continues to help me and others like me. So, I wanted to give something back"***.

Jane set herself the ambitious target of raising £1,000 and we are delighted to announce that she has exceeded this target, raising an astonishing £1,605 which will help support research, education, and innovation at St Mark's!! Thank you to Jane and to everyone who has so generously donated in support of her walk.

If you would like to support Jane, you can donate safely and securely to her JustGiving page here: <https://www.justgiving.com/fundraising/Jane-Papa1>

## Feeling inspired?

There is still time to sign up to take part in



this year's London Bridges Walk on Sunday 26th June! Traverse some of the capital's most iconic bridges, opting for either the 6.5 mile or 13 mile routes. Sign up today and simply select 'St Mark's Hospital Foundation' as your chosen charity when registering:

<https://griffininstitute.org.uk/register/>

## Challenge yourself with a half marathon, climb or cycle in aid of St Mark's!



### The Big Half

Returning on Sunday 4 September 2022, The Big Half is set to have an unmissable festival atmosphere – and everyone's invited! With 5 spaces available to run for St Mark's, [email the team today and get set for 13.1 miles of fun!](#)



### Royal Parks Half Marathon

This stunning central London Half Marathon, takes in some of London's world-famous landmarks on closed roads, and four of the Royal Parks. With a final few spots up for grabs [email the team today to secure your spot!](#)



### 40tude

40tude have arranged epic challenge events globally and have two new challenge events on the cards for September 2022, including a Transylvanian Three Peaks challenge and the 'Alpes Maritimes' Cycle Challenge in the South of France. If you are interested in these either of these events, visit: <https://www.40tude.org.uk/Pages/Events/Category/events>

Donate here to support St Mark's

Follow us on our socials to be kept up to date with our latest news



---

Registered with



*Copyright © 2022 St. Mark's Hospital Foundation, All rights reserved.*

Want to change how you receive these emails?

You can update your preferences or unsubscribe from this list.