



# St Mark's CONNECTED BY CARE

St Mark's Hospital, where the whole is greater than the sum of its parts

Our seasonal appeal, 'Connected by Care,' highlighted the work and patient impact of some of St Mark's specialist teams and how, despite the challenges they have faced operating across two hospital sites during the pandemic, they have worked hard to stay connected to maintain excellence in patient care.

Natalie, Andrea, Eloise and Hilary represent what we strive to achieve for all our patients with complex bowel diseases. The most meaningful expression of gratitude we can hope to receive is seeing them live full lives. Donate today to help us realise the future we wish to see for our patients.

**We still have matched funding available, so donate today and have your donation doubled!**

One donation; TWICE the impact

“  
St Mark's was my last hope for living, they take on cases when nobody else can. Without my specialist cancer nurses I would have felt totally alone, they were a lifeline for me.  
NATALIE

“  
My team is my safety blanket, always there to get me through a flare up, a hospital stay and answer my questions. I'm so grateful.  
ANDREA



**Do you have Crohn's disease or ulcerative colitis?**

Help shape an industry research project by completing an online survey

We are developing a test to improve the clinical care of people living with Crohn's disease or ulcerative colitis

- To collect feedback about this planned test and to understand whether patients believe the test would improve their care, we are conducting a UK-wide survey.
- To learn more, get involved, and complete the survey, scan the QR code or enter the link below into your web browser.

<https://www.surveymonkey.co.uk/r/RxSelex-IBD>

The survey is completely anonymous and will take about 15 min to complete. You must be 18 or older to participate.

[www.alphabiomics.com](http://www.alphabiomics.com) Flier expires on 31 January 2022

Do you have Crohn's disease or ulcerative colitis? If so, please considering participating in the Alphabiomics IBD patient survey. This is part of an exciting project looking at devising a new tool for patients with IBD due to start on Biologics therapy and St Mark's Hospital is currently involved in recruiting patients in validating the tool. The survey is completely anonymous and takes around 15 minutes to complete. Please note you must be at least 18 years old to participate. [Click here to be taken to the survey.](#)



Challenge yourself in 2022 and take part in the London Landmark's Half Marathon in aid of St Mark's. We still have spaces up for grabs so email the team today to secure your spot; [info@stmarkshospitalfoundation.org.uk](mailto:info@stmarkshospitalfoundation.org.uk)

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Help us get 2022 off to a great start by signing up to support us for FREE on easyfundraising. You can raise donations whenever you shop online with over 6,000 retailers including John Lewis & Partners, eBay, Argos, ASOS, M&S and more. Plus, we will get a bonus £5 donation when you do! Sign up today - this will make a BIG difference to us this year. [Sign up today!](#)

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