



### A message from our Chief Executive, Jason Bacon

It has been a difficult start to the New Year and my team and I hope that you are safe and well as we continue to face the challenges of Covid-19.

In our communications last year we shared that Northwick Park and St Mark's Hospitals were one of the first responders in London to the initial Covid-19 surge in March 2020, and the seasonal period provided a poignant opportunity to reflect on the year.

Our clinical colleagues at St Mark's have continued to show guts through Covid-19 as their New Year has started in the throes of another surge of the virus. BBC2's [Newsnight on Jan 15th](#) featured the Northwick Park Hospital site and described the ongoing impact of Covid-19. St Mark's Surgeon, Prof Sue Clark, described the twin challenges of supporting colleagues in intensive care whilst also maintaining her St Mark's specialist clinical activity. This is a challenge shared by all her colleagues.

As well as their clinical services, St Mark's clinicians and research fellows have also been continuing their ground breaking research in a number of key areas which are even more important in this era of clinical capacity constraints.

- **Developing a deeper understanding of cancer development to be able to stratify patients' according to their risk of developing the disease.**
- **Developing insights to know in advance which drugs each patient will respond to.**
- **Surgical techniques and pre/post-surgical interventions to improve survival outcomes.**
- **New solutions to find polyps and diagnose early-stage cancer to relieve the pressure on endoscopy.**

Please help us continue to develop and deliver outstanding research to improve patients' clinical care, outcomes and quality of life. Please consider making a [donation to our appeal](#) which will support St Mark's Hospital's life-restoring research, research which has transformed in importance and relevance in the wake of the current healthcare crisis.

Click here to support our appeal: [St Mark's Hospital Foundation's 2020-21 Seasonal Appeal](#). Thank you sincerely to everyone that has already been generous in donating. We will be sharing a selection of your messages of support on all our social media platforms.

With the vaccine programme being delivered at pace to vulnerable groups, and as we get through the historically tough winter season, we feel positive change is on the way in many areas of our work and personal lives.

Jason Bacon

Chief Executive Officer, St Mark's Hospital Foundation

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### Looking to make a New Year's Resolution with a difference? Sign up to one of our Challenge Events in 2021!



We have been absolutely blown away by the uptake we have had for this year's Royal Parks Half Marathon, with **42 runners** signed up to take on the challenge scheduled for the 11th April. If you fancy joining our incredible team of runners [get in contact ASAP!](#) Places cost £140 and the deadline to register is Friday 19th February 2021. More information and training updates from our fantastic team of fundraisers will be coming to your inbox soon!

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### London Bridges Walk 9th May 2021



Join St Marks Hospital Foundation and The Griffin Institute for a fun and family-friendly walk traversing 10 of London's iconic landmark bridges between Vauxhall and Tower Bridge. With more of us having become avid walkers during lockdown, we hope that this event will be of interest to everyone who has found delight in the simple and serene act of walking! [Click here to sign up to the London Bridges Walk](#), selecting 'St Mark's Hospital Foundation' as your chosen charity when completing your registration.

Thank you to everyone who has supported our Seasonal Appeal, if you haven't yet donated please consider making a donation today to help support research, education and innovation at St Mark's, the UK's national bowel hospital.



Donate Here To Support Our Seasonal Appeal

During these uncertain times, we offer renewed thanks to everyone who has, and continues to support St Mark's 💙



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