



Welcome to the May Update!



In the month that has seen epic fantasy drama **Game of Thrones** come to an end, in the world of fundraising we have produced our **annual newsletter!**

Grab a copy from our information desk on level 3, or view it [here](#).

We are also eagerly anticipating the start of the **Colon Challenge** on the **5th June!**

In the news this month...

Read about how [space technology](#) is helping to identify and fight bowel cancer.

Check out the [True Cancer Bodies Campaign](#), spearheaded by the inspirational Vicky Saynor.

If you do one thing today...

Catch up on our [St Mark's podcasts](#), hosted by our Consultant Surgeon Peter McDonald, featuring Mr Danilo Miskovic, Mr Phil Tozer and Prof Sue Clark.

May Highlights

Blaze Ensemble- Oh what a night!

The Blaze Ensemble triumphed, providing a sensational evening of entertainment, perfectly complimented by the setting of St Jame's Church. Thanks is owed to the entirety of the Blaze Ensemble, Fenella Humphreys, Dr Max Pitcher and conductor George Vass for their stellar performances. Due to the overwhelming generosity of the attendees, the event raised **£680.60!**



Thanks are owed to Jo, who used her stall at a micro festival to sell 'aliens' which were hand-knitted by her mother June, a patient



at St Mark's. Jo's employer matched part of the donation, bringing the total raised to **£512.50**. These zany creations are an absolute delight and we're very grateful for Jo and June's fundraising efforts!



Massive congratulations are due to the team from **Heath Crawford** for their gallant efforts in endurance event Tough Mudder. The team were motivated to raise funds as their colleague John is a patient at St Mark's. Collectively they have raised an incredible **£3,850!** To find out more visit their [JustGiving](#) page.

Feeling inspired? Get in contact and find out how you can get involved in fundraising for St Mark's Hospital Foundation!



And now for something completely different...

Join **40tude**, long-time supporters of St Mark's in their exciting adventure challenge; **a summit of Mt Elgon, Uganda**. This challenge is scheduled for January 2020, however space is limited, so contact jason.bacon1@nhs.net to find out more information about how to secure your place for this once in a lifetime experience.

Join us for an uplifting evening of entertainment!

Vocal coach and former St Mark's patient **Christopher David Mitchell** presents his [Client Night at Pizza Express Live!](#) See performances from **La Voix**, featured on Bafta

winning BGT, Tom Wilson and Vangelis from *The Voice*, and Stuart Beech from *Michael McIntyre's Big Show*. Get your tickets now for a night of spectacular music.



CDM
CHRISTOPHER
DAVID MITCHELL

Client Night

A chance for the clients of CHRISTOPHER DAVID MITCHELL to showcase their talent!



La Voix Tom Read Wilson Vangelis Polydorou Stuart Beech

AND MANY MORE...

Pizza Express Live Holborn - June 30, 2019

Tickets: £20



ST MARK'S
HOSPITAL
FOUNDATION

All proceeds go to St. Mark's Hospital
*Cast are subject to change

Meet our new research fellow

Lilian Reza MBBS, MSc, MRCS

Lillian is a higher surgical trainee (ST7) in the North East Thames London deanery. She completed her undergraduate medical studies at Barts and The Royal London, graduating in 2010. Lilian's research is looking at the various aetiology of fistula disease in ileal pouch anal anastomosis and aims to define characteristic features and specific management for these.



BT MyDonate will be closing its fundraising doors as of **Sunday 30th June** after a number of years supporting charities through their commission free fundraising platform. If you have any questions about what this means for your fundraising, please click [here](#).



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