



Welcome to the March Update!



We used [#StMarksWeekInTheLife](#), a series of photos that we're sharing every Friday, to give a shout out to the women of St Mark's Hospital on 8th March, International Womens Day. To see all the images (and some fun facts!) we shared that day, click [here](#).



Japan visits St Mark's

This month Dr Siwan Thomas-Gibson (left) hosted a visit from the Japanese Embassy's First Secretary to recognise the work of Dr Noriko Suzuki (centre), senior endoscopist at St Mark's Hospital, supporting the transfer of knowledge between the UK and Japan.

Thank you for having us!

We were invited to speak to the West End Pinner Townswomen's Guild at their Annual General Meeting. We wish to extend our thanks to them for supporting us as their Charity of the Year for 2018-19!



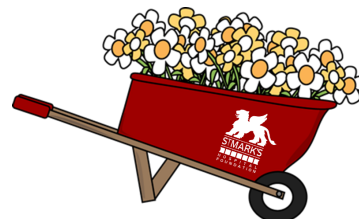
Plants for St Mark's

Join us to mark Bowel Cancer Awareness Month with a plant sale organised by one of our regular info desk volunteers.

When: Tue 9th April, 10am - 'till we're sold out!

Where: Outpatients, Level 3, St Mark's Hospital

On Sale: Chillies, tomatoes and more :)



Blaze Ensemble returns!

The Blaze Ensemble is back this year with their concert shaping up to be even more spectacular than the last. Join us for an evening of spell-binding entertainment, featuring our very own Dr Max Pitcher who will be accompanied by award winning Fenella Humphreys. Immerse yourself in the opulence of classic music in the intimate setting of St James Church, Piccadilly, with proceeds going to the Foundation. Don't miss out on this incredible evening, follow the link [here](#) to book your place!



Join our Colon Challenge 2019 team

There's still time to sign up to take part in our 270-mile four-day cycling event following the colon-shaped route from Berkhamsted, Herts to Kings Cross.

Interested in joining our team? [Click here!](#)



Royal Parks Half Marathon 2019

If you aren't tempted by the colon challenge event, then why not join our team to run the Royal Parks Half Marathon where you can enjoy London's iconic landmarks while raising money for the Foundation.

[Click here](#) to find out more!

Fancy something different?

Join 40tude, long-time supporters of St Mark's, on Saturday 15th June 2019 for their Stand Up Paddleboard Marathon. Click [here](#) to get a taste of what it's like!

If you're interested, just reply to this email for more info.



Meet the team!

Name: Deema Ramgoolam

Job Title: Finance Officer

Length of time in the role: Reaching the 4th year in April 2019!



What does the role entail: As the Finance Officer of St Mark's, my role is to provide financial as well as administrative support to the foundation which involves accurate record keeping, maintaining financial procedures and systems and project management altogether.

Best thing about working at St Mark's: The best thing was when the Finance department upgraded the software from Sage 50 to Sage 200. It was tedious, however, the effort was rewarded and Sage 200 was operative within the set time frame.

BT MyDonate will be closing it's fundraising doors as of **Sunday 30th June** after a number of years supporting charities through their commission free fundraising platform. If you have any questions about what this means for your fundraising, please click [here](#).

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