

Summer has arrived at St Mark's!



Welcome to our July update, a newsletter jam packed with all our exciting community event updates! Summer is always a busy time for the Foundation with our incredible supporters participating in community events, fundraising and raising awareness of who we are and what we do.

If you do one thing today...

Watch '[One Day That Changed My Life](#)' featuring patient Rachel undergoing high risk bowel surgery at St Mark's. You'll have to be quick, it is only available on the BBC iplayer until Saturday.

Highlights

Vocal coach and St Mark's patient [Christopher Mitchell](#) hosted a Client Night on the 30th June 2019 which was a roaring success! In addition to the event being sold out, the Foundation received over **£400** in donations. Massive thanks is owed to Christopher and all the extremely talented performers.

The Academic Institute, in partnership with Consultant Surgeon Peter McDonald, hosted an open day for prospective medical students. Seventy students attended and spent the day hearing from a variety of St Mark's consultants including radiologists, physicians, pediatricians and obstetricians. The day concluded with them having the opportunity to watch live surgery via video link.



As part of our community engagement we were hosted at St Bernadette's R.C Primary



school for their summer fete. It was a glorious day and we were able to sell a selection of hand-knitted teddies, donated by one of our talented supporters. The teddies proved to be very popular with the children, with over fifty sold!

In July and August we have eight groups of NCS students who are spending their summer raising awareness and event planning for St Mark's. As part of the programme they will be assisting shoppers with bag packing in local supermarkets, and planning their own events in Brent & Harrow spreading awareness about the pioneering research undertaken at St Mark's.



Come and show your support while doing your weekly shop!

Our NCS students will be at the following supermarkets from 11am until 3pm on each day.

Morrison's Hatch end 4th August

Asda Colindale 8th August

Asda Park Royal 12th August

Tesco Tilling Road 17th August

Milan to San Remo



40tude member Andy Peterson has undertaken an incredible feat of endurance cycling 300km from Milan to San Remo, to raise vital funds for the research that is undertaken at

St Mark's Hospital. He was motivated to do so in memory of his beloved father, who sadly died of colon cancer. As a sign of his unwavering dedication to this challenge event, Andy committed to double or treble the donations he received in relation to the time it took him to complete the route. I am delighted to inform you that Andy finished in under ten hours, which meant that he trebled the donations that he had received! This has brought the overall total raised to a staggering **£8,700!** If you want to read more about Andy's story or to donate check out his [JustGiving](#) page. From all of us at the Foundation we want to express our thanks to Andy for his absolutely incredible fundraising efforts.



Upcoming event!

This Sunday (04.08.19) Foundation Chief Exec [Jason Bacon](#) and St Mark's [Dr Michele Marshall](#) will be undertaking an epic 100 mile cycle ride as part of the Prudential RideLondon Challenge. They are undertaking this challenge as part of a trio of events, so show them your support, simply click on their names to check out their Just Giving Pages.

We wish them the best of luck!!

Feeling inspired? Get in [contact](#) and find out how you can get involved in fundraising for St Mark's Hospital Foundation :)



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